

A large group of triathletes, mostly men, are standing on a sandy beach. They are wearing black wetsuits and red swim caps. Some are wearing sunglasses. They are arranged in a loose line, facing towards the right. In the background, there is a steep, forested hill. The sky is overcast. The text "Barefoot Triathlon Series Round 1 @ Red" is overlaid in white, semi-transparent font across the middle of the image.

# Barefoot Triathlon Series Round 1 @ Red

The below outlines our commitment to keep you safe during Red Traffic light restrictions while allowing you to participate in your favourite activity.



# 4 Key areas of our Safety Plan



Why?



Connecting the parts



Keeping us all safe



Our Community



# Why?

- We run events and are dedicated to ensuring you can too.
- Safety is at the heart of everything we do and our Covid-19 planning is no different. We believe in a safe and compliant event.
- We believe mental and physical wellbeing is of extreme importance.
- We believe our community want to be involved in events again.
- We believe we have to start living in a Red environment while supporting our community.
- Businesses have been given a framework of how to come back on-line. This includes events.
- We believe events are an integral part of Aotearoa's society.
- We believe we can be at the forefront of event development while adhering to and surpassing government guidelines.
- We have already run 3 successful events at Level 2 in both defined event facility and limited wave scenarios which is the equivalent of the new 'Red' within the Covid Protection Framework.



# Keeping us all safe

## Adhering to government guidelines, Red

### **What are the government guidelines for events at Level 2 if you are not in an event facility?**

- An event can have more than 100 people at a time, but there must be no more than 100 people in each defined space
- All participants must practice social distancing of 1 metre from people that they do not know at all times. This means no Hugs or High fives outside people you do not know.
- An event must manage their numbers to ensure that each defined space is separated by a barrier and 2 metres apart.
- All Staff must wear masks and socially distance at minimum of 1m.
- Shared areas (toilets, food, vendors) must have separate access for each defined space.

### **Businesses and workplaces must operate safely, for us that means:**

- Complying with general Red Alert Level settings
- Displaying a NZ COVID Tracer app QR code poster and have alternative contact tracing systems.
- Participants must have a valid My Vaccine Pass which will be verified at bib collection.
- Maintaining hygiene measures, including physical distancing, hand washing and regularly cleaning surfaces,
- If workers or participants have symptoms of COVID-19, they will stay home.
- All our staff and volunteers will wear masks.



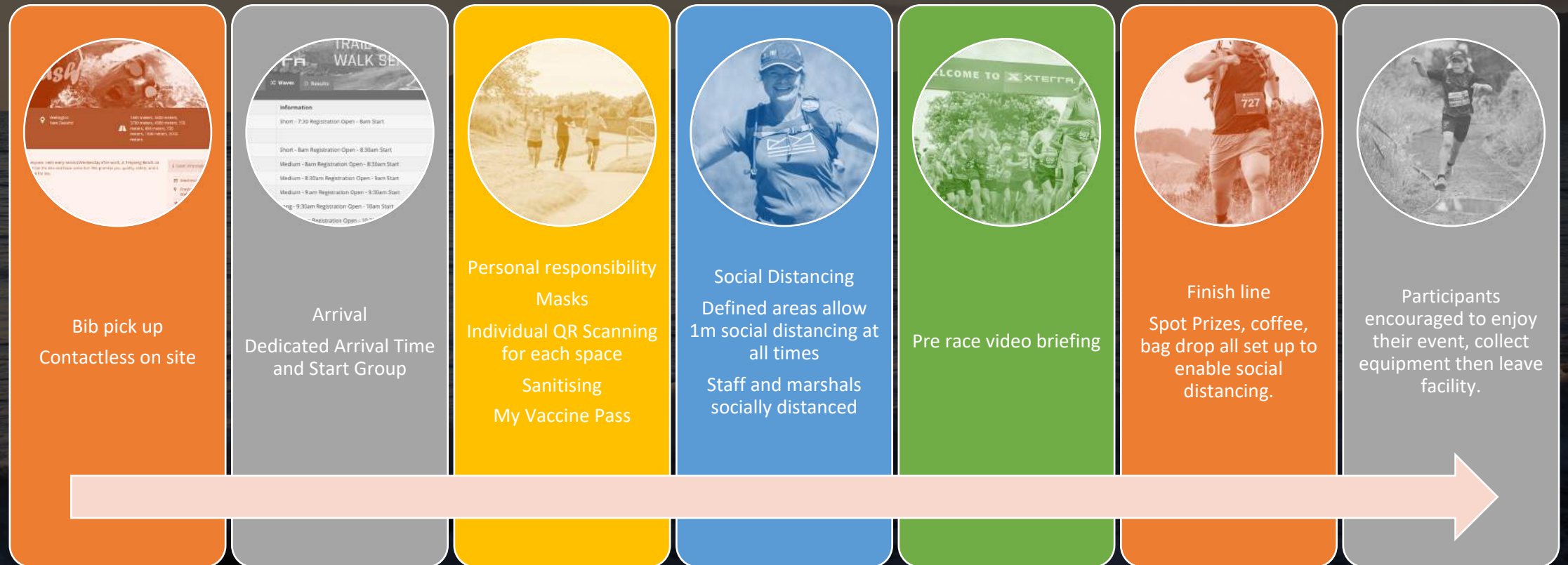


# Connecting the Parts (how)

- We will restrict numbers to the event to ensure the facility allows participants to socially distance at all times. This means limit of 200 people for a Barefoot Triathlon.
- We will create 2 defined transition areas for 100 people each and waves to further enhance people's ability to socially distance.
- Registration area and Finish line will be separated.
- Registration will be contactless and reduce contact with staff.
- Defined areas will be set up to allow safe participation and social distancing.
- Spectators are welcome but must wear masks at all times. If the space has limitations on numbers spectators will be asked to stay out of the start/finish area and only spectate in public places.
- We will encourage all participants and spectators to adhere to current government personal health guidelines.
- Participants will be asked to wear a mask and socially distance in shared areas.
- If government guidance changes, we can further define areas to keep smaller groups of people separated with appropriate barriers.

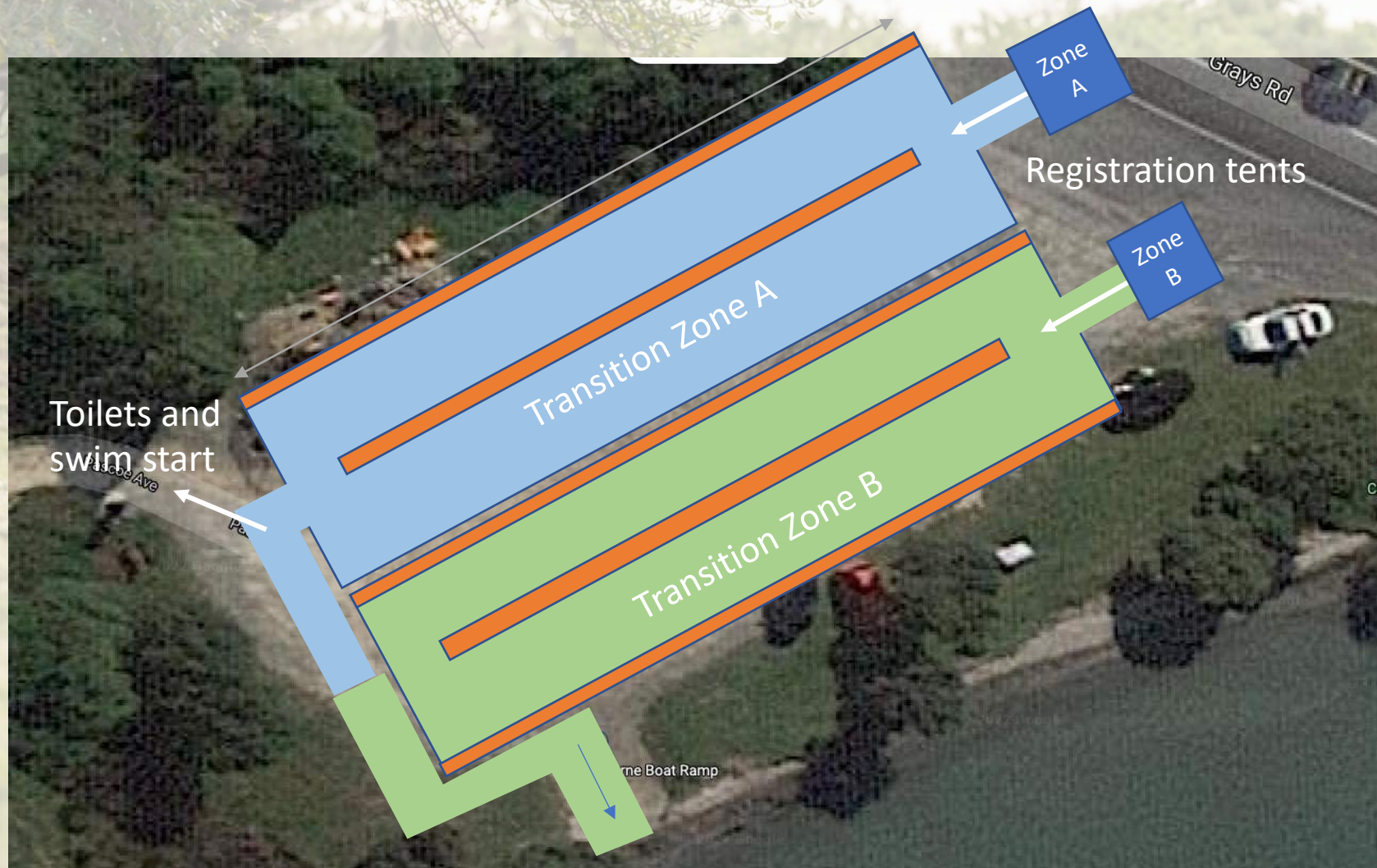


# How your event day will flow





# Participant Arrival



## Participant Flow (Approx. 1 hour) Socially distanced

- Arrive and pick up bib from contactless rego at designated time on your way into transition.
- Rack bike in designated Zone
- Final Race Gear prep
- Wave A move to warm up. Do those final preps.
- Move to start area 10 minutes before start.
- Wave B warm up in designated zone
- Race time Wave A.
- Wave B final gear prep.
- Race time wave B.

## Area Capacity – Socially Distanced

Zone A : 100 Pax with bike racking

Zone B: 100 Pax with bike racking

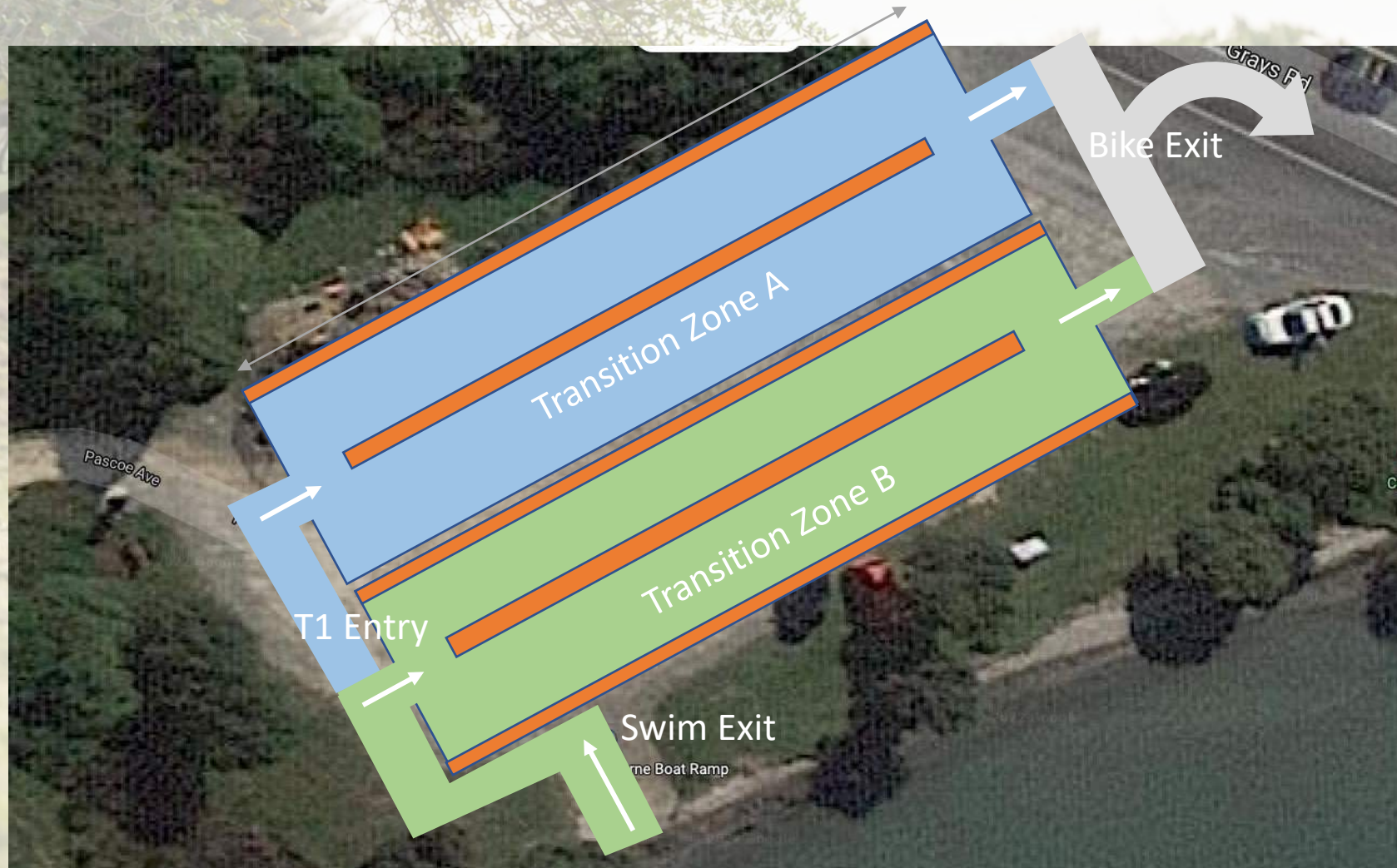
Finish Zone A: 100 Pax 1m socially distanced

Finish Zone B: 100 Pax 1m socially distanced

Wear masks and socially distance at all times in shared areas. Toilets, registration.



# Participant Transition 1 Swim-Bike



## Participant Flow (Approx. 1 hour) Socially distanced

- Arrive and pick up bib from contactless rego at designated time on your way into transition.
- Rack bike in designated Zone
- Final Race Gear prep
- Wave A move to warm up. Do those final preps.
- Move to start area 10 minutes before start.
- Wave B warm up in designated zone
- Race time Wave A.
- Wave B final gear prep.
- Race time wave B.

## Area Capacity – Socially Distanced

Zone A : 100 Pax with bike racking

Zone B: 100 Pax with bike racking

Finish Zone A: 100 Pax 1m socially distanced

Finish Zone B: 100 Pax 1m socially distanced

Wear masks and socially distance at all times in shared areas. Toilets, registration.



# Participant Flow Bike to Run



## Participant Flow Finish

### Socially distanced

- Finish your amazing race
- Move into designated finish zone
- Recover with a Tailwind, water and banana
- Follow designated path to transition zone (when open)
- If you are done, make your way to the exit

## Area Capacity – Socially Distanced

Athlete Finish Zone 1: 100 Pax

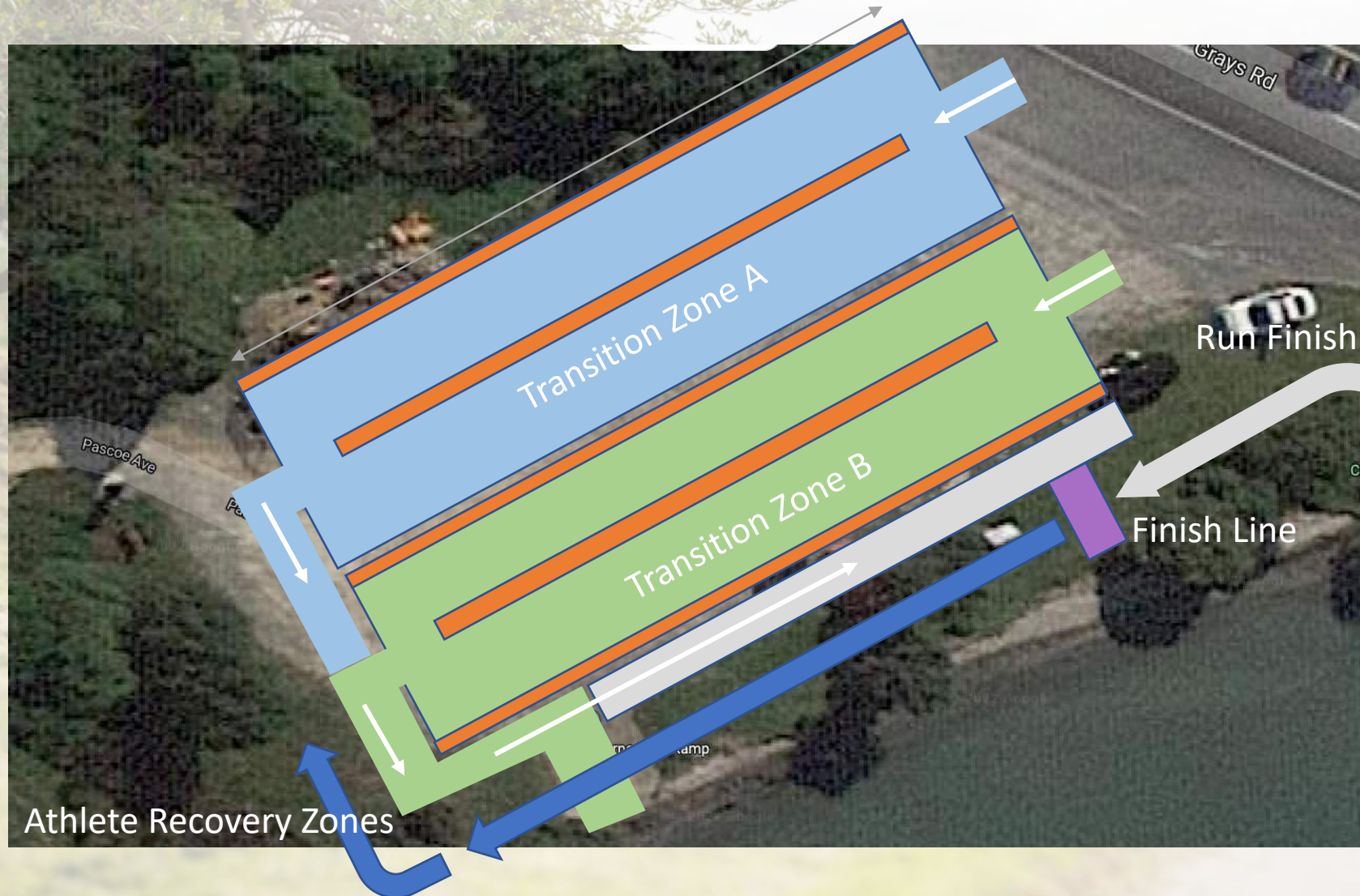
Athlete Finish Zone 2: 100 Pax

*NB: At all times you will be able to keep at least 1m from people you don't know. Around the park there are many areas to sit and relax if the park feels too full.*

*Not to scale.*



# Participant Flow Finish



## Participant Flow Finish

### Socially distanced

- Finish your amazing race
- Move into designated athlete recovery zone (in front of the toilets)
- Recover with a Tailwind, water and banana
- Follow designated path to transition zone (when open)
- If you are done, make your way to the exit

## Area Capacity – Socially Distanced

Athlete Finish Zone 1: 100 Pax

Athlete Finish Zone 2: 100 Pax

*NB: At all times you will be able to keep at least 1m from people you don't know. Around the park there are many areas to sit and relax if the park feels too full.*

*Not to scale.*



## Key Course Timing Moments:

11:30	First Olympic Tri Finisher
10:40	First Sprint Tri Finisher
12:00	First Duathlon Finisher
10:30	First Give it a Tri Finisher
11:40	Last expected cyclist home
13:00	Last finisher Home
13:30	Finish Area Cleared

## Appendix 1: Group Start Timetable (TBC)

- **Group 1 – (Zone A) – 9am – Pick n Mix and early birds**
- 8am Site open – Rack and prepare bikes.
- 8:45am Move to Start Area Start area open (all participants expected at start area)
- 9am Start
- **Group 2 – (Zone A) – Olympic Triathlon, Aquabike, Duathlon and OWS 9:20 Start**
- 8am Recommended arrival – Rack Bike
- 9:05am out of transition
- 9:05am Move to start
- 9:20am Group 2 Start
- **Group 3 – (Zone A/B) All Duathlons 9:30 Start**
- 8am Recommended arrival
- 9:20am Start area open
- 9:30am Group 3 Start
- **Group 4 – (Zone B) Sprint Triathlons 9:40 start**
- 8:30am Recommended arrival time
- 9:30am move to start
- 9:40am – All groups start
- **Group 5 – (Zone B) Give it a Tri 9:50 Start**
- 8:30am Recommended arrival time
- 9:40am Move to Start Zone
- 9:50am Start





## **BAREFOOT** TRIATHLON S E R I E S

- This is a fluid document and will change as legislation and government guidance changes, or, other circumstances arise.
- We are continuously working with partners and stakeholders to ensure a safe and compliant event.
- If you have ideas of how we can improve how this plan is communicated, complaints or would like more information please direct your enquiries to:
- [Bengy@barefootsport.co.nz](mailto:Bengy@barefootsport.co.nz)